

CREDITS FOR ATTENDANCE

CEU - 14 Hours

*** Includes 3 hours of ETHICS ***

Friday, March 6th - 6 hours
(Includes 1 hour ETHICS)

Friday Evening - ETHICS - 2 hours

Saturday, March 7th - 6 hours

1. National Board of Certified Counselors (NBCC)
2. Idaho Society for Clinical Social Workers (ISCSW) LSW, LMSW and LCSW levels
3. Boise City Child Care licensing hours

Certificates of Attendance available to all attendees.

GRADUATE CONTINUING EDUCATION CREDIT

Northwest Nazarene University

(Must attend both day programs and evening program)

Instructor of Record – Dick Craig, Ed.D., LCPC

1 Credit. \$65.00

Registration for credit on-site only.

For more information call 344-7194.

HOTEL REGISTRATION INFORMATION

DoubleTree Hotel - Riverside

2900 Chinden Boulevard
Boise, Idaho 83714

Special Conference Rates:

Single or Double Occupancy \$89.00

RESERVATIONS:

(208) 343-1871 or (800) 222-8733

Room Guaranteed if Reserved by 2-13-2009

INDICATE YOU ARE AN ISIP PARTICIPANT!



Idaho Society of Individual Psychology
Post Office Box 284
Boise, Idaho 83701-0284

"Anyone trained in Adlerian Psychology knows what to do the first time they sit down with a client and through the process."
Wes Wingett, Ph.D. & Steven Maybell, Ph.D.

NON PROFIT
U.S. POSTAGE
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BOISE, ID 83708
PERMIT NO. 628

Who attends ISIP Conferences?

- Counselors
- Social Workers
- Case Managers
- Educators
- Child Care Providers
- Psychologists
- Business Professionals
- Doctors & Nurses
- Parents

Includes 3 hours of ETHICS!



Idaho Society of Individual Psychology

Seeing the Same Thing Differently: Changing Client Perceptions of Their History



James R. Bitter, Ed.D.

**ANNUAL CONFERENCE
March 6 & 7, 2009**

**DoubleTree Hotel - Riverside
2900 Chinden Blvd., Boise, Idaho
(208) 343-1871**

ISIP Registration

Sign up for:

- | | | |
|---|---------|-------------------|
| | Regular | Full Time Student |
| <input type="checkbox"/> Both Days* | \$ 180 | \$ 85 |
| <input type="checkbox"/> Friday only* | \$ 140 | \$ 60 |
| <input type="checkbox"/> Saturday only* | \$ 125 | \$ 55 |
| <input type="checkbox"/> Friday Evening | \$ 35* | \$ 35* |

*Friday evening included with Registration.

20% DISCOUNT offered for 3 or more registrants from the same agency for Regular registrations. Discount NOT available for Online or Evening Only registrations.

Conference Registration includes: ISIP Membership, Continental Breakfast both days, and Friday lunch.

Student's Professor's Signature _____

- Friday Evening program only \$ 35
(No Discounts)

- VEGETARIAN Lunch - Friday

CONFERENCE REGISTRATION \$ _____

Late Charge after 2/13/2009 (\$25) \$ _____

CONFERENCE TOTAL \$ _____

NASAP Associate Member (optional) \$25
(North American Society of Adlerian Psychology) . . . \$ _____

TOTAL ENCLOSED \$ _____

Please Print

Name _____

Address _____

City _____ ST _____ Zip _____

Day Phone _____

Evening Phone _____

Email* _____

Profession _____

Institution _____

Make checks payable to **ISIP** and mail along with this registration information to ISIP, P.O. Box 284, Boise, ID 83701 or to Register Online, go to www.adleridaho.com
Discount not available for Online registrations.

Cancellation Fee of \$25 will be retained after February 24. NO REFUNDS after February 28.

Phone (208) 344-7194 • tommyttom@cablone.net

*Please note: Confirmation is sent via e-mail only.

Seeing the Same Thing Differently: Changing Client Perceptions of Their History

FRIDAY, MARCH 6th	
7:30 a.m.	Registration
8:30 a.m.	Adlerian lifestyle as the story of one's life until now <i>Goal:</i> Participants will learn the basic process for developing a lifestyle narrative. The lifestyle narrative will be used as a starting point for considering the flow of an individual's life story and for examining options about how that story might develop further. Participants will consider ways to transform lifestyle information into a working narrative.
10:00 a.m.	BREAK
10:15 a.m.	Demonstration of lifestyle assessment <i>Goal:</i> A demonstration of Adlerian lifestyle assessment and how to use lifestyle data to develop a coherent personal storyline. Participants will also examine the "arrows" within an individual's life story that point to further development and to the experience of the "next," that is the experience of real choice about what a person wants to do with her or his life.
12:00 noon	LUNCH
1:00 p.m.	Re-considering holism: How body, mind, spirit, and emotions function together <i>Goal:</i> To lay a foundation for considering the interplay of body experience, cognitions, values and emotions in counseling and therapy; to consider the experience of personal "history" in the enactment of present living. Participants will consider the clues that emotional reactivity provides for transforming one's perceptions of personal history and will also look at the experience of trauma as an example of holistic transformation.
2:00 p.m.	Demonstration of holistic interventions focusing on early recollections <i>Goal:</i> A demonstration of processes for connecting body, mind, spirit and emotion through the use of early recollections. Participants will see a demonstration of working with emotional reactivity and trauma from a holistic perspective. Participants will be able to identify specific methods of inquiry that will help individuals reconstruct their perceptions of history.
3:15 p.m.	BREAK
3:30 p.m.	Ethics James Bitter, Ed. D.
4:30 p.m.	DISMISSAL

FRIDAY, MARCH 6th	
7-9 p.m. 2 Hours	Ethics in Practice Barry Watts, Ph.D., Presenter

James Robert Bitter, Ed.D., NCC, MFC is professor of Counseling in the Department of Human Development and Learning at East Tennessee State University in Johnson City. He is a nationally certified counselor and family therapist and a former officer of the North American Society of Adlerian Psychology (NASAP). He is also a former editor of the Journal of Individual Psychology and is currently a Diplomate in Adlerian Psychology. He is on the editorial board of *The Family Journal* and has served in the past in a similar role on the *Journal of Counseling and Development*. He received his doctorate in 1975 from Idaho State University in Pocatello, Idaho.

Jim received awards for Outstanding Teaching in the College of Human Development and Community Service at California State University at Fullerton, and for Outstanding Scholarship in the Clemmer College of Education at East Tennessee State University. He has taught in graduate Counseling programs at

SATURDAY, MARCH 7th	
7:30 a.m.	Registration
8:30 a.m.	From lifestyle to narrative practice <i>Goal:</i> To introduce methods of narrative practice into Adlerian counseling and therapy. Participants will learn how to move clients from "thin" descriptions to "thick" ones, how to identify the effects of problems on individuals and systems, how to externalize problems, and how to use unique or preferred outcomes to develop a preferred life story.
10:00 a.m.	BREAK
10:15 a.m.	Counseling Demonstration <i>Goal:</i> Participants will examine the process of therapeutic story development from problem identification through externalization and re-authoring.
12:00 noon	LUNCH
1:30 p.m.	Self-narratives and narratives of professional practice <i>Goal:</i> Participants will be invited into an experiential process that involves interviewing each other about the interplay between their personal and professional lives.
3:00 p.m.	BREAK
3:15 p.m.	Reflecting teams and reflective practice <i>Goal:</i> To interview volunteer professionals about the intersection between their personal and professional lives in front of a self-chosen reflecting team; to hear what the members of the reflecting team are drawn to in these professionals, and to offer the professionals a chance to reflect upon and respond to the reflecting team.
4:30 p.m.	DISMISSAL

Intermountain Hospital provides NBCC credit.

three universities, and he has authored or co-authored three books, twenty-five chapters, and more than fifty articles.

Together with Oscar Christensen, Bill Nicoll, and Clair Hawes, Jim is a co-founder and core faculty member of the Adlerian Training Institute (ATI) in Port St. Lucie, Florida. He has contributed to the development of Adlerian Brief Therapy with individuals and families. He is the featured expert for Adlerian Family Therapy in the Allyn and Bacon (1998) series *Family Therapy with the Experts*. He has offered workshops in Canada, England, Greece, Ireland, Korea, New Zealand, Peru, and Slovakia as well as throughout the United States.

Jim studied and worked for ten years with one of family therapy's pioneers, Virginia Satir. He was a trainer in her Process Communities for three of those years, and he is a past President of her training Network called AVANTA. Jim also studied with the master Gestalt therapists Erv and Miriam Polster. In the fall of 2007, Jim was in Australia studying narrative therapy with the late Michael White, who died in March 2008 at the age of 59. This workshop is an Adlerian integration of experiential, systemic, Gestalt, and narrative approaches to therapy.

Barry Watts, Ph.D. is a Licensed Clinical Professional Counselor who has served in a variety of clinical and administrative positions over the past 37 years. He is a former member of the Counselor Licensing Board and has been a part-time Counselor Educator for more than 25 years. He remains active in his profession and enjoys sharing some of the lessons he's learned with his colleagues in the mental health professions.